

Eton House[®]

International Pre-School Bahrain

Extreme Heat Policy

Introduction

Over exposure to the sun and extreme heat can cause serious health problems to individuals. Students and the greater community need to be educated about the dangers of ultra violet radiation UVR, over exposure to the sun and the health risks associated with exposure.

This policy provides guidelines to support students, families, school staff and the greater school community.

Roles and Responsibilities Parents and Carers

1. Provide a wide brim hat, school cap for their child to wear outdoors from April to November.
2. Apply sunscreen, preferably SPF30+ to child prior to leaving home in the morning.
3. Provide a drink bottle that each pupil can drink from at regular intervals during the day
4. Act as a role model for their child in maintaining sun smart behaviour avoiding exposure to direct sun between the hours of 11.00-15.00
5. Encourage students to apply sunscreen prior to the school day
6. Encourage staff to be role models in sun smart behaviours
7. Encourage students to drink regularly stay hydrated
8. Encourage students to use the shades outdoor for playing
9. **NO HAT NO PLAY** is our Policy during the months of April to November but under exceptional circumstances if weather or temperatures are above 25c.
10. In extreme heat conditions create indoor play activities

Carol Pedersen 2018

“Shaping the Future Through Education”

Website: www.etonhouse.me

Tel No. 1749 0333 Mobile No. +973 – 3360 4244

Eton House Bahrain Address: Villa No. 539, Road No. 7908, Block 579, Janabiya, Kingdom of Bahrain